



VSPK
International School

M EAL PLANNER ENU SEPT. 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		Idli Sambhar 1 	Chole Kulche 2 	Dal Chawal 3 	Krishan Janmashtami 4 	Teachers Day 5 	
6	Aloo Paratha 7 	← Term -I Exams →				Khadi Chawal 11 	Term -I Exam 12
13	14	15	16	17	18	19	
← Term -I Exams →							
20	Dal Chawal 21 	Vada Sambhar 22 	Besan Chilla 23 	Bread Sandwich 24 	Roti + Kadai Paneer 25 	Chowmin 26 	
27	Veg Pulao Raita 28 	Pav Bhaji 29 	Rajma Chawal 30 				

****Lactose intolerance (Allergic to Milk Products)/Nuts allergic(Peanut & Dry Fruits) should be inform earlier.**

****Disclaimer: Menu may change according to the availability of material.**