



**VSPK**  
International School

# MEAL PLANNER MENU APR 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Kadai Paneer Chapati 1 	Veg Biryani 2 	Chole Kulche 3 	Pasta 4 
5	Idli Sambar 6 	Veg. Chila Hari Chatni 7 	Mix. Veg. Chapati 8 	Jeera Aloo Chapati 9 	Chole Bhature 10 	2nd Saturday 11
12	Ekadashi Aloo Paratha Raita/ Chatni 13 	Bread Pakoda 14 	Dal Makhani Chapati 15 	Rajma Chawal 16 	Kadi Chawal 17 	Chowmein 18 
19	Vada Sambar 20 	Pav Bhaji 21 	Aloo Matar Chapati 22 	Chole Chawal 23 	Veg. Kofta Chapati 24 	Pasta 25 
26	Ekadashi Methi Paratha Chatni 27 	Grill Sandwich 28 	Lauki Chana Dal Chapati 29 	Dal Chawal 30 		

**\*\*Lactose intolerance (Allergic to Milk Products)/Nuts allergic(Peanut & Dry Fruits) should be inform earlier.**

**\*\*Disclaimer: Menu may change according to the availability of material.**