



VSPK
International School

M EAL PLANNER ENU DEC 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Idli Sambhar 1 	Kadhi Chawal 2 	Methi Paratha / Paratha Roll 3 	Chole Bhature/ Kulcha 4 	Veg. Burger 5 	Chowmein 6 
7	Uthappam 8 	Rajma Chawal Green Salad 9 	Aloo Paratha Chutney Aloo Sandwich 10 	Seasonal Veg. Chapati 11 	Vada Sambhar 12 	Annual Day Packed Food 13
14	Besan Chilla 15 	Dal Chawal 16 	Stuffed Paratha (Gobi) Pickle (Achar) 17 	Aloo Matar Chapati 18 	Pav Bhaji 19 	Pasta 20 
21	Dal Chilla 22 	Chole Chawal Chole Tikki 23 	Paneer Pyaj Paratha Hari Chutney 24 	Merry Christmas 25	Grill Sandwich 26 	Veg. Maggie 27 
28	Dhokla 29 	30 Winter Break	31 Winter Break			

****Lactose intolerance (Allergic to Milk Products)/Nuts allergic(Peanut & Dry Fruits) should be inform earlier.**
****Disclaimer: Menu may change according to the availability of material.**