



**VSPK**  
International School

# MEAL PLANNER MENU AUG 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Rajasthani Kadi 1 with Rice 	Pasta 2 
3	Seasonal Veg. With Chapati 4 	Idli Sambhar 5 	Dal Rice Masala Chaach 6 	Veg. Burger 7 	Chola Bhatura 8 	9 
10	11 <b>Interschool</b>	12	Aloo Paratha Boondi Raita, Lassi 13 	Rajma, Jeera Rice 14 	15 <b>Independence Day</b>	Chowmein 16 
17	Veg. Grill Sandwich 18 	Kadai Paneer Chapati 19 	Besan Chila Nimbo Pani 20 	Pav Bhaji 21 	Veg. Biryani and Raita 22 	Bread Pakoda 23 
24	Rajasthani Gatte with Chapati 25 	Vada Sambar 26 	Seasonal Veg. With Chapati, Milkshake 27 	Frankie Veg. Wrap 28 	Chola Chawal 29 	Pasta 30 
31 						

**\*\*Lactose intolerance (Allergic to Milk Products)/Nuts allergic(Peanut & Dry Fruits) should be inform earlier.**  
**\*\*Disclaimer: Menu may change according to the availability of material.**