



VSPK
International School

M EAL PLANNER ENU AUG. 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Idli Sambar Extra: Vada	2 Sandwich (Potato) Extra: Grill Sandwich	3	4 ●
5 Loki+ Roti Extra: Pastry	6 Mix Dal + Rice Extra: Cream Roll	7 Pav Bhaji Extra: Pastry	8 Kadai Paneer +Roti Extra: Patties	9	10 Pasta	11
12 Idli Sambar Extra: Vada ●	13 Gatta + Rice Extra: Cream Roll	14 Chole Puri Extra: Muffin	15	16 Frankie Extra: Patties	17 Poha	18
19 ○	20 Dal + Rice Extra: Patties	21 Loki+ Roti Extra: Cream Roll	22 Veg. Pulav+ Raita Extra: Patties	23 Dal Makhani + Roti Extra: Pastry	24 Chowmein	25
26 ● Pav Bhaji Extra: Cream Roll	27 Rajma Rice Extra: Pastry	28 Cheese Sandwich Extra: Pastry	29 Stuffed Paratha Extra: French Fries	30 Chole Bhatore Extra: Cream Roll	31 Pasta	

****Lactose intolerance (Allergic to Milk Products)/Nuts allergic(Peanut & Dry Fruits) should be inform earlier.**

****Disclaimer: Menu may change according to the availability of material.**