

VSPK INTERNATIONAL SCHOOL, JAIPUR**Dec-22**

Date	Day	Menu
1	THU	Dal Makhani + Chapati + Soup
2	FRI	Chhole + Bhature
3	SAT	Vegetable Poha
4	SUN	
5	MON	Rice + Kadhi + Any Fruit
6	TUE	Tikki Chole + Chutney
7	WED	Kale Chane + Puri
8	THU	Aloo Methi Vegetable + Chapati
9	FRI	Idli+ Sambhar+ Coconut Chutney
10	SAT	Gobhi Paratha+ Tomato Chutney + Soup
11	SUN	
12	MON	Dal + Rice + Salad
13	TUE	Gatta Masala + Chapati
14	WED	Manchoorian + Fried Rice
15	THU	Dum Aloo + Chapati + Soup
16	FRI	Vegetable Uttapam + Sambhar+ Coconut Chutney
17	SAT	Vegetable Vermicilli
18	SUN	
19	MON	Veg Biryani + Soup
20	TUE	Chhole + Bhature
21	WED	Paneer Onion Paratha +Mint Chutney
22	THU	Pav + Bhaji + Salad
23	FRI	Aloo Paratha + Tomato Chutney
24	SAT	Upama
25	SUN	
26	MON	Matar Kulcha + Tomato Chutney
27	TUE	Onion/Methi/Muli Parantha + Chutney
28	WED	Mix Veg + Chapati + Veg Soup